5/6
Canberra Camp
2014
Williamstown North Primary School
The Teachers attending Camp

- Melissa Brown (5B)
- Jamie Peters (5P)
- Ana Milnes (5M)
- Melissa Bull (6B)
- Caroline Reid (6C)
- Simon Radford (6R)
- Sarah Nobbs
- Giorgia Moss
- Ashleigh Neenan (Student Teacher)
Leaving for Camp

* We will leave for Canberra at 7:30am on Monday 28th April.
* All students are expected to be at school by no later than 7:15am.
* When you arrive, make sure your child checks in with their teacher.
If your child has any medication, it will need to be registered with Sarah Nobbs, in the gym foyer between 7:00am – 7:15am.

All medication will be administered by Sarah Nobbs
We will leave Canberra at 7:30am on Friday 2\textsuperscript{nd} May.

Our estimated arrival time at WNPS is 5:30pm.

We will be in contact with the school throughout the day to let them know of a more accurate arrival time.

If it is significantly different to our estimated time of 5:30pm, you will be notified via SMS.
Why are we going to Canberra?

- As part of the school’s camp policy, this Educational Tour of Canberra occurs every second year.
- It is aimed at empowering our students to become better citizens with valuable knowledge in Civics and Citizenship, Australian History and the Australian Government.
On Tuesday, Wednesday and Thursday, the students will spend the day touring the sights of Canberra. The tour destinations shown later in this presentation will be conducted by professional guides. The tours are aimed at the interests of grade 5/6 students and are interactive where appropriate. After dinner, students will have a choice of quiet activities to participate in.
Night Activities

Some of the night activities may include:

- A movie night
- A Night Tour of Mt. Ainslie
- A trivia night
- Quiet Games
- Free time activities
- A disco
With over 150 students attending, most attractions can not cater for the size of our whole group.

There are four groups that rotate through all of the scheduled attractions throughout the week. Because of this, the itineraries are different for each group.

The following itinerary is for groups 1A and 1B.
<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>7.00am</td>
<td>Breakfast</td>
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<tr>
<td>9.00am – 12.00pm</td>
<td>National Museum of Australia – “The Museum Game” Program – Their unique iPad app, The Museum Game, challenges the students to make connections between objects on display. The more interesting your connections, the higher you score and the more of the board you colonise.</td>
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<tr>
<td>12.15pm</td>
<td>Embassy Drive to view some of the 78 embassies and then head to Parliament House</td>
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<tr>
<td>12.15pm</td>
<td>Lunch Break – Packed Lunches</td>
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<tr>
<td>2.00pm – 5.00pm</td>
<td>Australian War Memorial - students will be taken on a guided tour, where they will be given the opportunity to see, touch and discuss items. “Anzac Legacy” guided program.</td>
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<tr>
<td>5.00pm</td>
<td>Closing Ceremony at the Australian War Memorial</td>
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<tr>
<td>5.00pm</td>
<td>Return to Bush Capital Lodge for dinner.</td>
</tr>
<tr>
<td>6.00pm</td>
<td>Dinner</td>
</tr>
<tr>
<td>7.30pm</td>
<td>Evening Activity</td>
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Group 1A and 1B
Day Three Itinerary

7.30am  Breakfast

9.00am – 10.00am  National Capital Exhibition – This interactive centre tells the story of how Canberra was born, through last models, a theatrette & audio-visual presentation.

10.30am – 12.00pm  CSIRO Discovery – Discovering Science in Society - Students can view modern science laboratories, engage with exciting interactive exhibits, have an hands on science activity and participate in an educational program that encourages students to wonder and question, value ideas and seek explanation.

Lunch Break – Packed Lunches

1.00pm – 2.30pm  Australian Institute of Sport - Your tour will be guided by an elite athlete talking from personal experience, and you may even see a famous sporting champion in training! The exciting interactive exhibition allows you to try virtual rowing, test your golf swing, or measure yourself against past sporting champions.

3.00pm – 5.00pm  Enjoy the thrill of “Questacon” The National Science & Technology Centre – Australia’s leading interactive science and technology centre, with over 200 exhibits. Learn how lightening is produced, experience an earthquake, and so much more!

Return to Bush Capital Lodge for dinner.

6.30pm  Dinner

After Dinner  Evening Activity - Mt. Ainslie – Here you can explore Griffin’s concept of a city built on a straight axis that runs from Mount Ainslie through Parliament House.
Group 1A
Day Four Itinerary

7.00am  Breakfast

9.00am – 12.00pm  Parliament House. We will be taken on an educational tour to learn about The House of Representatives and The Senate. Participate in the Parliamentary Education Office and Hospitality with a local member.

Lunch Break – Packed Lunches

1.00pm  Museum of Australian Democracy – “Who’s the Boss” - Home to the Federal Parliament from 1927 to 1988. Students will be engaged in one hour, highly interactive programmes which feature structured activities such as role play and debates of key issues and events in Australian’s history.

2.00pm – 2.30pm  Electoral Education Centre – “House of Representatives” Educational sessions on the federal electoral system include an audio-visual presentation, an interactive display area, as well as a classroom polling place.

4.00pm – 4.30pm  Take a scenic drive up to Black Mountain Tower open air and enclosed viewing galleries which provide a magnificent 360 degree view over Canberra and surrounding country side.

5.30pm  Return to Bush Capital lodge for dinner

6.30pm  Dinner

After dinner  Evening Activity

Final night in Banksia room - Disco to dance the night away...
Some of the attractions we will be visiting:

* Questacon Technology Learning Centre [www.questacon.edu.au](http://www.questacon.edu.au)
Students are required to bring their own lunch and snacks for Day 1 – Monday 28th April.

Food needs to be packed into their day pack so they can access their food at every stop.

A drink bottle will be required for the week so make sure you pack one in – water only.
Accommodation

* Bush Capital Lodge
Accommodation

* All towels, linen, pillows and doonas are provided. Therefore sleeping bags and pillows are not required.
* Towels will be changed daily.
* Students may, however, wish to bring their small travel pillow on the bus for comfort.
Cabins

* All students will have their own bed and all beds are bunk-beds. Accommodation numbers in rooms range from 4, 6, 10, and 12 students in each room.
* All students will be placed in a room with at least one nominated friend or more where possible.
Night Supervision

* Students will be active during the day and involved in our evening activities.
* They will be tired come bed time.
* Each adult at Camp will be responsible for checking in with a couple of cabins every day, to assist with day to day tasks and problem solving. This same person will be responsible for settling the cabins at night.
* Teachers will monitor students once everyone is in bed, and will not retire until all students are settled in their beds for the night.
A continual supply of fruit juice, (tea and coffee) is on hand from our juice fountains and continuous supply hot water urn.

A wide variety of breakfast cereals, preserved fruits and yoghurts, and skim or whole milk is available.

A hot breakfast is also available and served by our friendly staff from the hot Bain Marie and consists of:

* Your choice of scrambled eggs, sausages and spaghetti or baked beans;
* OR Pancakes and maple syrup;
* OR French Toast / Corn Fritters and scrambled egg.
* Breakfast menus vary daily and we always have plenty of wholemeal toast, Vegemite and a selection of jams.
Lunch is available on a “design-your-own” basis, where you order and our staff make fresh daily according to your individual selection.

A range of Salad Boxes, Bread rolls or soft Tortilla Wraps are provided along with a number of fresh, healthy fillings that include sliced ham, deli meats, sliced cheese, diced roast chicken and a selection of sliced or grated fresh salad items.

During winter months we also offer a hot soup and crusty roll as an alternative, and subject to the suitability of the lunch venue for delivery.
A two course dinner is served each evening.
Main courses include:-
* Chicken schnitzel, chips and seasonal vegetables.
* Pasta with bolognaise or Neapolitana sauce and salad.
* Roast marinated Chicken Pieces with seasoned potatoes, and vegetables.
* Corned Silverside with parsley sauce, and Oven baked vegetables.
* Roast pork with vegetables and gravy.
* Shepherds pie with vegetables.
* Lasagne (vegetarian or beef).
* Chicken stir-fry with vegetables and fried rice.
* Vegetarian main courses such as Vegetarian Lasagne; Stuffed Baked Potatoes; Oven Baked Stuffed Capsicum; Lentil, Chick-pea and Pumpkin with cous cous; and vegetarian pies, quiches and additional pasta sauces can also be provided with prior notice.
* Apple crumble and cream or ice cream,
* Fruit, jelly and custard,
* Chocolate or strawberry mousse,
* Fresh Fruit salad and cream or ice cream
* Ice cream and topping, and
* Fresh baked muffins and custard.
Bush Capital Lodge has been notified of all students with special food requirements.

If necessary, an alternate meal will be offered.

The Kitchen staff can cater for any and all dietary requirements.
* Students are NOT permitted to bring ANY Aerosol or pump sprays of any kind.
* We do not allow the use of any aerosol or pump-type deodorant, cosmetic or hairsprays in the lodge, due to the sensitivity of our smoke detectors. Should a student or guest be responsible for activating the fire alarm, resulting in a false-alarm callout, a call-out charge of $540.00 will be passed on to the person responsible.
* Students will not need to bring any money with them.
* Students are NOT permitted to bring mobile phones. Staff will contact parents/guardians if the need arises.
How to make the best of the travel time

* All students who suffer from motion sickness will be seated at the front of the bus.
* Students will be supplied with barley sugar to help with motion sickness.
* Each student may bring one electronic device eg: Ipod for the drive only (NO DVD PLAYERS; NO LAPTOPS). Headphones will be essential.
* It is the child’s responsibility to take care of their own belongings; teachers will not take any responsibility for loss or damage. All devices will be collected on arrival to Canberra and returned the night before departure for charging. All items must be clearly labelled.
* Students will be given their Camp booklet to fill in on the bus, so encourage your child to bring a small pencil case in their hand luggage.
* Students may bring along appropriate books and magazines to read on the bus.
* A favourite pillow is a must for the drive!
If you would like more information please:

* Speak to your child’s teacher, the Camp Coordinator, Melissa Brown, or the School Administration.

* If we can’t answer your questions, you could log onto:
  
  http://www.canberra.ymca.org.au

  or email:
  
  bushcapitallodge@ymca.org.au