Principal’s Report

P/T/S CONFERENCES

I would like to start of this week’s newsletter by extending a huge thanks to all students and parents for their participation in the P/T/S Conferences which were conducted during the first half of this week. It was a delight to watch our students sharing their achievements and talking about the goals that will help to shape their future learning. The intent of these conferences aligns beautifully with our school purpose statement:

‘WNPS is a dynamic and inclusive learning community that promotes personal excellence, creativity and empowerment.”

Through providing our students with a ‘voice’ in their learning, the P/T/S Conferences build a strong platform for further empowering our students. Stemming from this empowerment, we aim to cement a culture of high achievement across the school. We hope you were proud of your child/ren’s many achievements and through these conferences you have a strong sense of your child’s progress against the expected curriculum standards as well as their future learning opportunities.

On behalf of our school community, I would like to thank our wonderfully dedicated teachers who worked so hard to facilitate the P/T/S Conferences in support of all of their students. Our teachers have such a strong commitment to the individual needs of their students and I commend their ongoing efforts to ensure our classrooms engage and support the individual learning needs of all students.

2013 PARENT OPINION SURVEY

Next Monday, we will be distributing in excess of 100 surveys to randomly selected families as part of the 2013 Parent Opinion Survey. The survey will take parents about 15 – 20 minutes to complete and the feedback and opinions provided through this survey play an important role in further informing our decision making processes and helping to make our school the best it can possibly be. The survey is completely confidential and all completed surveys are returned to the Department of Education for collation and analysis.

If your family receives one of these surveys, we ask that you complete it during next week and then return the completed survey in the sealed envelope provided, back to the office by Friday 2nd August. It would be great if we could get a 100% return to ensure the feedback we receive is truly reflective of our community.

2014 PREP ENROLMENTS

Wendy Emin and I met with other primary school principals this week to begin to coordinate our prep enrolments for next year. Given that many schools like WNPS have enrolment boundaries and enrolment ceilings to sensitively manage, we aim to ensure that this is undertaken in a transparent and highly...
consultative manner between schools. Our school’s prep enrolments are now edging towards 100 students for 2014 and we are very eager to confirm this number, as close as practicable, over the next week so that the necessary planning for class/teachers etc. can begin.

To this end, if you are an existing WNPS family, with a child eligible for prep next year, can you please ensure the necessary enrolment form and documentation has been lodged at the office ASAP to assist these planning processes.

**READING & WRITING TOGETHER IS MAGIC**

I had a visit from six Year 3 students last week to share some of their poetry that they had written in preparation for our upcoming RWTIM evening. I was so impressed at the standard of this work; the use of their vocabulary and imagery was so descriptive and creative. I think all parents will be similarly impressed on Thursday 8th August, as all students from Prep to Year 6 will have a wonderful forum for sharing their published pieces of writing.

To assist our planning for this evening, we are asking parents to register their attendance on line at [www.schoolinterviews.com.au](http://www.schoolinterviews.com.au) using the Event Code Q2P5R. Bookings will close on Monday 5th August at noon. We hope you will be able to attend this evening to help celebrate the reading and writing skills of our very enthusiastic and highly capable students!

**INTERNATIONAL COMPETITIONS & ASSESSMENTS FOR SCHOOLS (ICAS)**

In excess of 50 students will be sitting English tests this Thursday at school as part of the International Competitions & Assessments for Schools (ICAS) program. The ICAS tests are open to schools across Australasia and they provide participating students with challenging opportunities to utilise their skill sets and display higher order thinking in specific areas.

At this week’s assembly, we presented the certificates to students who completed the Computer Skills ICAS test last term. I would like to commend all of these students on their participation in this test and I would like to extend congratulations to Alexander Poumbourios for receiving a Credit and Will Long who achieved a Distinction.

**CAMP HOWQUA – YEARS 5 & 6**

We have our fingers crossed for some clear weather next week as all of Year 5 and 6 students head off to Camp Howqua for the week. Melissa Brown & Melissa Bull have spent weeks planning all aspects of the camp and the program for the week looks fantastic! No doubt there will be many tales of adventure to share upon their return. I am looking forward to joining the campers on Thursday and Friday to lend a hand and share the experience.

**STAFF CAR PARK**

We seek the support of all students and parents to help ensure we arrive and leave the school premises safely. At no stage should students or parents be cutting through the staff car park. We have had some extremely dangerous situations recently whereby parents have been using the staff car park to drop off students and then backing out into Station Street. With over 630 students enrolled at our school, we all have to accept that at peak times it will be difficult to get close access to the school – particularly if the weather is inclement.

We spent some time reiterating this to students at Monday’s assembly and it was very disappointing that several parents needed to be redirected out of the car park later that afternoon. I implore your support on this matter as it is unacceptable to compromise student safety in this area.

**EXTENDED STUDENT ABSENCES**

If your child/ren are going to be away from school for an extended period of time, we would appreciate an email to Belinda in the office at gill.belinda.a@edumail.vic.gov.au so that we can ensure this absence has been correctly coded on our system.

We understand it is frustrating at times when you receive an absence report that has missed a notification to the school. As you can appreciate, it is difficult to ensure all late arrivals, early departures, absences, holidays etc. are all captured accurately for all 630 students. In notifying Belinda at the office of an extended absence, we will aim to ensure that this is accurately recorded.

Enjoy your Week!

Jim Cahill
Principal
What to do when kids catastrophise!

Catastrophising makes kids feel miserable. Worse, they often don’t want to do anything because they expect the worst possible outcome.

“If I don’t do well in this test my whole year will be messed up!”

Do you have a child who automatically assumes the worst case scenario in any risky or new situations? If so, you have a catastrophiser on your hands.

Catastrophisers exaggerate their worries and place enormous pressure on themselves.

The default mechanism in their thinking always goes to the most negative outcome possible. The results won’t just be bad, they’ll be catastrophic!

They won’t just mess up if they give a talk to their class at school. They’ll make total fools of themselves and the whole class will laugh at them, or so they say.

They won’t just fail over in a game. They’ll break a leg, end up in hospital and miss out on going to school camp, or so they say.

They won’t just get a dirty look from their teacher if they arrive late for school. They’ll be kept in at lunch-time, miss out on sport and have all the other kids making fun of them if they are late, or so they say.

Catastrophising makes kids feel miserable. Worse, they often don’t want to do anything because they expect the worst possible outcome.

So what to do with a catastrophiser?

Your approach will depend to some extent on your child’s age.

Under fives generally don’t overtly catastrophise, however even young children can be negative. Make sure you model upbeat positive thinking as young children take their cues from their parents, particularly the parent they spend most time around.

School-aged children need to be encouraged to keep things in perspective. Challenge your child’s propensity to catastrophise. Here are five ways you can use to challenge your child’s thinking:

1. “What’s the most likely scenario?”

Sometimes it’s useful to introduce a dose of old-fashioned rational thinking. “Yes, you could break your leg if you go skiing. But the odds are that you won’t.”

2. “Does it really matter?” “You may be right, but is it the end of the world as we know it?”

One way of dealing with hard core catastrophisers is to admit that they might be right, but even if they are right and the worst case scenario does happen, the sun will still shine tomorrow. Take kids to the worst possible scenario and they may see it’s not so bad.

“Where does this fit on the disaster meter?”

Catastrophisers get themselves in a knott over relatively insignificant things. Okay, making a fool out of themselves may not be insignificant to kids, however compared to plenty of other events...well, perspective is a good thing. Help them get some perspective by giving their worry a score out of ten, on how important the issue really is.

4. “That’s unhelpful thinking.”

Sometimes kids’ thinking is so out of whack with reality that they become anxious about minor things. Thinking such as, ‘everyone must like me’, ‘I must never make a mistake’ and ‘bad things always happen to me’ are extreme and need to be replaced by more moderate, realistic thoughts. E.g., “It would be nice if everyone liked me but not everyone will. It’s important to have some good friends.”

5. Replace extreme words for feelings with more moderate descriptors: Today’s kids talk in extremes – ‘awesome’, the best and ‘gross’ roll off their tongues easily these days. Extreme language leads to extreme thinking. So encourage kids to replace “I’m furious” with “I’m annoyed”, “It’s a disaster” with “It’s a pain”, “I can’t stand it” with “I don’t like it”. Sounds minor but by changing kids’ language you change how they think about events and, more importantly, how they feel.

I suspect that many parents will identify strongly with some of the above.

Yes, we all catastrophise from time to time, particularly when we are under stress. It takes a cool customer to moderate their thinking the whole time. So be mindful of your child’s need to jump to the worst from time to time. A bit of reassurance is all that’s needed in these one-off scenarios.

But if you, like your child, are a serial catastrophiser, then it will be useful to challenge your unhelpful or extreme thinking when it happens. Not only will you model realistic thinking for your kids but you will get an insight into what you need to do to change your child’s catastrophising.
On **Thursday 8th and Friday 9th August**, the school library will be the venue for our annual book fair. A great variety of books and posters will be on sale. This will be an excellent opportunity to celebrate reading, as well as a terrific opportunity for our school to earn free books for our library through commissions in sales. This annual event is a significant fundraiser for our library; last year we earned **$3,000** worth of quality books for our school!

**PREVIEW SESSIONS**
Throughout the week of the book fair, all classes will have an opportunity to view the books and posters that will be for sale. Your child will fill out a Cool Books form, indicating which books they liked the best, along with their prices. **Please note that you are under no obligation to purchase from the fair.**

**BOOK FAIR SELLING TIMES**
- **Thursday 8th August (RWTIM evening)**
  - 3:30pm - 4:15pm
  - 5:30pm - 6:15pm (prior to RWTIM, which commences at 6:30pm)
- **Friday 9th August**
  - 8.30am - 9.00am
  - 3.30pm - 4.00pm

**ORDERING**
If you can’t attend the book fair, but would still like to purchase books, you can order using the special order form that will be sent home during the book fair week. Orders must be returned to school in a **clearly labelled envelope**, along with payment, by the following **Tuesday 13th August**. This is the deadline, as we need to finalise our total sales and commission on this day. Books should be delivered to school within 2 weeks of this final date.

We hope you enjoy this year’s book fair!

Vivien D’Aquino
Book Fair Coordinator

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**LUNCHBOX OF THE WEEK!**

Congratulations to Kade from Year 1H for his Nude Food Lunchbox!

Keep bring a Nude Food Lunchbox everyday for your chance to win Lunchbox of the Week!
Rosters...

Fresh Fruit Friday (FFF)
The parents on the roster for Fresh Fruit Friday this week Friday 26th July are: - Martin Ray, Pamela Fernando, Helen Parker, Larissa Deeth, Mette Nielsen, Meredith Cooper, Ivana Musura, Leanne Sutton, Vicky Gibbon, Kim Goddard.
If you are able to help out weekly, fortnightly or monthly, please contact Linda Taylor at, taylor.linda.11@edumail.vic.gov.au. This is a very happy and social group.

Canteen
Julieanne Weir manages our Canteen and is always very appreciative of the time parents or family members can volunteer to help in the Canteen. Julieanne can be contacted via the General Office. New parents or family members are always needed, so, if you can spare any of your valuable time, it would be greatly appreciated.

Wednesday—24th July—Meredith Metin
Thursday 25th July—HELP NEEDED
Friday 26th July—HELP NEEDED
Wednesday 31st July—Rachelle Burbridge
Thursday 1st August—HELP NEEDED
Friday 2nd August—Leanne Sutton & Georgian Evanson

Please remember that Lunch Orders are only available on Wednesdays, Thursdays and Fridays.
No Lunch Orders are available on the Last Day of Each Term.

Uniform Shop News
The Uniform Shop hours are Mondays and Thursdays from 8.30am to 9.15am. Any enquiries please contact Kara on 0413 008 185. Please note that the Uniform Shop will be closed this Thursday 25 July. Orders can be placed at the office and will be ready for collection on the afternoon of Monday 29 July. Size 6 and 8 tunics are back in stock. Also, if you have recently placed an order, please check at the office, as there are a number of orders awaiting for collection. Don't forget, if you can't make it to school when the shop is open, you can always fill out an order form at the office.

School Banking
School banking day is Wednesday. Don't forget to send in your child's bank book.

Student Safety
Please take the time to regularly remind your child/ren about safety, especially when going to and from school. Here are the important points to mention:

- Do not to talk to strangers and never accept a ride from a stranger, or accept lollies or gifts from a stranger.
- Immediately report any issue or problem you may have when going to or from school, to your mum and dad, or to your teacher, the Principal, Assistant Principal or office staff.
- Always get permission from mum or dad before going to play with a friend after school and always let mum and dad know where you will be and what time you will be home.

We advise that, wherever possible, children should travel to or from school with an adult or with their friends, rather than travel alone.

Early Release
All children collected from school before 3.30pm must be signed out at the Office. Parents will be handed an 'Early Release Pass' to hand to the supervising teacher. If a child is signed out at Recess or Lunch time, the Office staff will call the child to the Office and then ensure the Early Release Pass is given to the supervising teacher.

Bikes & Scooters
Many children ride bikes and scooters to school each day. All bikes and scooters must be locked up in either the Bike or Scooter Enclosure to prevent theft. Please ensure your child has a chain and a lock. All children who ride a bike or scooter must wear a helmet which is a requirement by the Government. The school regularly reminds all children about wearing helmets for their safety. All bikes, scooters, skateboards, ribtics and helmets must be labelled, with your child’s name and class. Children are reminded they must walk their bike, scooter, skateboard or ribtic to and from the school gates. No bikes are to be brought through the school buildings and we request, where possible, that Scooters are also not walked through the building.
Art Show
Welcome back everyone! This term we have our Arts Show on commencing the week beginning 26th August with Thursday 29th August as our opening night. There will be more details regarding this in next week’s Newsletter, but please mark the date on your calendars as we are hoping for a great turnout.

An event like this requires a great deal of work behind the scenes to pull everything together. If you are able to assist in any way, please email the school and they will forward on your details to me.

We are looking for people who can mount and stick labels on students artwork (which can be done at home or at school), and those who can assist in the week/days leading up to the Art show, setting up boards and displays. We are also seeking anyone who may have contacts related to the hiring lighting, display boards and a marquee.

Artist of the Week
Congratulations to Zoe in Year 1S who has been awarded the Artist of the Week award for the beautiful results she achieved when painting her butterfly.

Also a big well done to Year 1V who have won the Class Art Award this week. They consistently show a great ability to listen carefully, follow instructions well and produce great work during our art sessions, so are very deserving of this award.

Thanks,
Julie Kelly - Visual Arts Teacher
School Website—Did You Know!
Each week we will provide you with information about our school website that will give you some knowledge and where you can locate what you are looking for.
This week it’s all about Notices.
When teachers send home an Incursion/Excursion notice, Camp notices, presentations etc, a copy is placed on the website for you to assess if needed.
Under the Events and Notices slider, the drop down box also shows Michael Grose Insights and General notices for parents, such as the Canteen Menu, Uniform Shop Order form, Oral Medication and much more.
If there is something that you would like to find, but have difficulty in locating it, email Belinda and let her know what you are looking for gill.belinda.a@edumail.vic.gov.au

FOR ELIGIBLE FAMILIES THE SCHOOLKIDS BONUS—SECOND PAYMENT
The second payment of the Schoolkids Bonus is coming in July. If you are eligible you could receive up to $205 for each primary student and up to $410 for each secondary student.
You could receive the Schoolkids Bonus if you have a child in primary or secondary school and receive Family Tax Benefit Part A or you are a primary or secondary student receiving an income support payment.
If you think you are eligible and you haven’t already updated your child’s education details with Centrelink, then visit Online Services by 29th June 2013 to ensure you receive the correct amount and are paid on time.
The Schoolkids Bonus replaced the Education Tax Refund in January 2013 so eligible families cannot claim education expenses in their 2012-13 income tax return.
To ensure you receive the Schoolkids Bonus payment in July, check your eligibility by visiting australia.gov.au/schoolkidsbonus.
Thank you in advance for your support. If you have any questions or require any further information please feel free to contact us on schoolkidsbonus@fahcsia.gov.au.

Prep Enrolments for 2014
Telephone — 9397 5722 Website — www.willynthps.vic.edu.au
email — williamstown.north.ps@edumail.vic.gov.au

Information regarding the Prep 2014 Enrolment process — please go to the school website or click the link http://willynthps.vic.edu.au/page/55.
If you have any enrolment questions or concerns please contact the Assistant Principal Wendy Emin on 9397 5722.

For our School Zone go to www.willynth.vic.edu.au / Our School Top Tab / Side Tab—Enrolments / WNPS Zone Map or click the link http://willynthps.vic.edu.au/app/webroot/uploaded_files/media/wnps_zone_map.pdf

For Sale—Year 6 T-Shirts
The school has the following Year 6 T-shirts available for purchase.
Two, Size 14 Short Sleeve Polo’s—$33.00 each
Contact Judy in the office on 9397 5722 if you are interested in purchasing any of the two items.
**Working With Children Card (WWCC) - apply online only.**

As from the 1st July 2013 the process for applying for a Working With Children Check has changed. Due to the continual changes to the forms they are no longer available at School or the Post Office. The only way to apply for a Working With Children Check is online.

These forms are available at [http://www.workingwithchildren.vic.gov.au](http://www.workingwithchildren.vic.gov.au) This is a simple 2 step process with instructions on how to apply in today’s newsletter.

Reminding Parents, if you wish to assist in the Canteen, Fresh Fruit Friday, Sport, Swimming, Excursions or Camps, you must have a current Working With Children Check. If you have a current WWCC and have **not** provided a copy to the office, please bring your WWCC to the school office, where a copy will be placed on file. Working With Children Checks remain valid for 5 years.

Please note, WWCC applied for in 2008 will need to renew their WWCC in 2013. A ‘Renewal Notice’ from the Department of Justice will be sent to those parents affected during 2013. We ask that you complete your ‘Renewal’ process online as soon as you receive this, so you are not affected with volunteering to assist with future school activities.

**Coming July 2013 – Filling out application forms Online**

From July 2013 applying for a Working with Children (WWC) Check will be an easy 2-step process. Applicants will submit their details online before going to Australia Post to lodge their application.

**Starting July 2013**

**STEP 1**

**From July 2013 submit your details online**

- Go to the WWC Check website
- Fill out the form online
- Print out the application summary with all the details you entered

**STEP 2**

**Go to a participating Australia Post outlet to lodge your application, taking with you:**

- The application summary
- Relevant proof of identity documents
- A passport size photo
- The application fee, if you are applying for an Employee card

**For more details:**
Go to the WWC Check website closer to July for details of when applicants can start filling out the form online [http://www.workingwithchildren.vic.gov.au/?](http://www.workingwithchildren.vic.gov.au/?)
Metaphor Poems from Year 3L

Year 3L have been busy studying Metaphors and have written Metaphor poems for Reading & Writing Together Is Magic.

A Dream

Is a magical journey in your sleep.
It is a gold sea of adventure and imagination in your mind.
It is reading a fantasy book but living in it at the same time.
It is a willow tree spreading it’s leaves and it’s warmth reaching it’s arms forward.
It is a different life in a whole new world.

Olivia 3L

DREAM

It is an illusional encounter, drifting through your mind, undefined.
It is an untruthful image that roams your sleep, world.
It is an uncontrollable dimension and a strange fuzzy false reality; a strange quirky place.
It is very unexpected magical space!

By Joshua 3L

The Sun

It is a golden beauty sharing light from miles away.
It is a glowing orb colourfully signifying day.
It is a fiery circle presenting warmth to our Earth.
It is a radiant pleasing ball full of happiness and energy.
It is a dazzling bright marble ruling over the heavens.
It is a sparkling flamethrower projectile flung deep into space.

BY Joshua 3L

The sun is an orange basketball bouncing in slow motion across the sky.
It is a giant sunflower spreading across the sky.
It is a big bee hive in the sky.
It is a yellow dot in the big blue sky.
It is brighter than a peeled carrot.
It reminds me of happiness and participation.

By Hal 3L
Community Notice Board

Cheeky Monkey Market—Seaworks 82 Nelson Place Williamstown. Sunday 4th August from 9.00am till 4.00pm. Family fun indoor market full of new, handmade and pre-loved items. Jumping castle, fairy Floss and popcorn, animal farm and face painting. Adults—$3.00 entry and children are free. For more information contact 0400 081 483 or visit www.melbournecheekymonkeymarket.com

Call for Volunteers: Western Health is seeking community minded people who would like to offer some of their time to assist the Williamstown Hospital Opportunity Shop to raise funds for the Williamstown Hospital. We are calling for volunteers who like to be in a team environment, support their local health service and enjoy displaying goods for resale. If you are interested please contact Jo Spence on 8345 1201.

2013 CGSV Solo Guitar Competition is here, with over $10,000 worth of cash and prizes to be won! 5 categories for guitarists of all ages and abilities! Substantial prizes for each category! Entries close 31/07/13! See www.cgsv.org.au for more details!

Curriculum Day Program
Friday 16th August 7.00am to 6.15pm
How to book An OSHClub online enrolment form must be completed (if not already done).
Enrol online at www.oshclub.com.au Once enrolled with OSHClub, log into your account and choose the Pupil Free Day option.
What happens Loads of fun for all ages including art/craft, games, sports, drama, board games and fun with friends.
What to bring Morning tea, lunch and afternoon tea. Also wear appropriate clothing, including a hat.
Please remember Once you have enrolled for this day, there are no refunds for cancellations, unless we decide not to run the program due to lack of numbers.
Please Note If the number of enrolments is under 15, the program will not be able to run. A decision will be made 3 working days prior to bookings closing if the program will be running or not. You will be contacted either way.
Cost (per child, per day) from $11.00. Full price $46.00. Full fees for OSHC will apply to families who do not apply for, and are not eligible for, CCB and the CCTR (50% Tax Rebate). All fees are approximate only.

Walking in Autistic Shoes
Presentation by Donna Williams at Williamstown North Primary School
Monday 12th August—7.00pm to 8.30pm

Reply Slip

Parent Name/s: ____________________________________________________________
Number of Adults Attending: __________ Contact Phone number: ____________________
Walking in Autistic Shoes

An autism presentation and question-answer forum with renowned author, lecturer and autism consultant

Donna Williams, BA Hons, Dip Ed

Born in 1963, thought deaf and assessed as psychotic at the age of two, Donna Williams acquired functional speech in late childhood and was diagnosed with autism in her 20’s.

Donna gained post graduate qualifications as a sociologist and teacher, became the author of ten books in the field of autism, an international public speaker since 1994 and autism consultant since 1996 as well as an artist and musician. Donna will provide a fascinating insight into the world of Autism as someone who has actually been there as both a person with autism and a consultant who has worked with hundreds of children and adults on the autism spectrum.

WHAT PEOPLE SAY:

“The "feel good" feeling you get after the event is amazing. My manager found it the best lecture she had attended in her whole career!”

“Never have I sat through a seminar that held me captivated the entire time. Donna is an expert on the subject and if you think you know a lot about Autism then think again”.

“Donna Williams' talks are spell-bindingly powerful. I regard her as the preeminent speaker on autism, from a powerful inside-out perspective”.

“As remarkable a spokeswoman, activist, artist, author, and musician Donna is, her humanity is what really sets her apart; her humor, passion, wit and insight into the world around her; her ability to see beauty in everyday things, her playfulness, her way of being in the world. Donna not only changed the way I see people with autism; she changed the way I see everyone”.

“Donna shares her knowledge with her audience in a way which makes it one to one, when in a room of hundreds. I would recommend her as a 'never to be missed' speaker”.

“Donna's passion for her autism topics dominate the whole room leaving you wanting more”.

“In the years I have read many books on Autism but the most extraordinary and significant experience in my personal and professional life was my meeting with Donna Williams”.

For more information visit http://www.donnawilliams.net
Education Maintenance Allowance

Instalment Two

The Education Maintenance Allowance (EMA) is provided to assist eligible families with the costs associated with the education of their children.

Parents and guardians may be eligible for the EMA if they have a valid Centrelink Health Care Card or Pensioner Concession Card.

The second instalment of the Education Maintenance Allowance (EMA) payment is due to be paid from mid-August onwards for parents/guardians who chose the 'direct deposit' or 'pay direct to school' payment option on their application form.

Parents/guardians who chose the cheque payment option will receive their payment from late August / early September.

Parents and guardians who lodged an EMA application at the beginning of the year do not need to lodge another EMA application to receive the second instalment EMA payment.

Parents/guardians whose children have transferred to this school since 28 February 2013 will need to submit a new EMA application form. Applications close on 2 August 2013.

Eligibility information can be obtained from: www.education.vic.gov.au/aboutschool/lifeschool/ema/default.htm

Contact: School Office for an application form and further information.
Hairhouse Warehouse
Williamstown
18 Douglas Parade, Williamstown
Telephone 9397 1655
Hair & Beauty Product
Hair Salon, Nail Bar
Body Piercing, Waxing, Spray Tanning
Come in and say Hi to Julie and the Team.
WORKSHOP CALENDAR – July to December 2013

For parents and carers of children and young adults diagnosed with Autism Spectrum Disorder, aged between 6-25 years and living at home.

Aspect Victoria is pleased to offer our highly successful, contemporary, evidence-based three (3) day Autism specific Positive Behaviour Support Workshops across Victoria.

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<td>Ebdale Community Hub, 20 Ebdale St, Frankston</td>
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Register ONLINE: [www.autismspectrum.org.au](http://www.autismspectrum.org.au)  
NB: Registrations open 6 weeks prior to the workshop.

Families participating in this workshop will:
- Develop an understanding of autism and how an ASD impacts upon learning and behaviour
- Learn how to be proactive by creating an autism friendly environment at home
- Learn how to write an autism specific behaviour support plan for one of their child’s behaviours
- Learn how to write a plan to respond confidently when challenging behaviour occurs
- Learn how to teach new skills to promote their child's independence and quality of life

What participants say about Aspect Positive Behaviour Support Workshops:

"Brilliant information and concrete strategies to use, thank you. I have learnt very important self-reflection, being able to step back and really look at and examine behaviour, so valuable. I really value the focus on being positive and improving my child’s, my own and my family’s quality of life. Great workshop – I will highly recommend it to others."

"Fantastic presentation. Very interactive, affirming & capacity building. Ideas not just discussed but taught how to follow through on."

Autism Spectrum Australia (Aspect) ABN 12 000 637 267
Aspect Victoria: Suite 2B, Lvl 2, 12 Hall St (PO Box 1115) Moonee Ponds VIC 3039 Ph: (03) 9377 6600
Aspect has been funded by the Department of Human Services to provide a State wide Positive Behaviour Support Program in Victoria.
[www.autismspectrum.org.au](http://www.autismspectrum.org.au)
Asian Community Football Day

Burbank Oval, Morris Street, Williamstown (Map 56 D12)

2.00pm start for Williamstown vs. Geelong
Sunday 11th of August 2013
Activities begin at 11.00am

Activities commence at 11.00am and will include:
• The battle for the ‘Asia Cup’ - Dragons (a team comprised mainly of Asian Australians) versus the Williamstown “Asian All-Stars”
• Guest appearances by Geelong Cats and Western Bulldog players
• WFC invite all newcomers to the “Come and Try” AFL session at 3.15pm
• Lion dance

All gate receipts collected on the day will be donated to the Casey Tutungi Trust Fund

For more information, contact Norhama Stupic 9391 0306 / nstupic@williamstownfc.com.au

www.williamstownfc.com.au

Rams T-Ball

WHEN: Saturday 27th July 3-5pm
WHERE: Newport Baseball Club
120 Park Cres, Newport
WHO: 5 - 9 year old boys & girls
COST: NO COST
AND: All equipment provided

For any enquiries please call Paul Walsh - 0400 315 166

INTRODUCTORY OFFER...

3 x 30 MINUTE PT SESSIONS FOR $49

Call: 0402 627 090
Email: michael@hobsonsbaypt.com.au
www.hobsonsbaypt.com.au
Be Work Ready!

2 half day workshops fully Government funded at ‘No cost’ to you, commencing August 2013
  • Are you thinking about going back to work?
  • Have you just started a new job?
  • Do you need help in creating your resume?

Seats are limited!
Book now via email or phone:
Penny - 03 96466 363 / 0404 434 421 or penny@instylotraining.com.au

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<th>Workshop 1 (am)</th>
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<td>Fri 23 Aug</td>
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“Be Work Ready”
Where: Conference Room at 574 Plummer St, Port Melbourne, Building 2.
(Start at 9.30am and Finish by 2pm)

Instyle Training is offering you an opportunity. Yes, you can develop skills, knowledge and the confidence that you need to bring you up to speed for employability and work readiness.

We understand that taking extensive time off work can affect your confidence and ability to get your foot back into the paid working world.

As specialists in this field we support you to explore what todays business expect in customer service, sales and leadership training.

Please allow us to give the power back to YOU, by giving you the necessary training to improve your interpersonal and professional skills.

Upon completion of the 2 half day workshops you will be able to:
  • demonstrate increased personal effectiveness in influential communication skills whilst working with others.
  • set goals and develop plans related to future work and study options.
  • demonstrate knowledge of key aspects of work and workplaces.
  • follow steps that will lead you to secure employment.
  • create a personal portfolio.
  • locate information about work and study options.
  • update your computer skills and knowledge to access work and study options.
  • take home a nationally accredited Qualification with you and a pathway to further study!