



Canteen Menu & Price List – Term 3 2009



Canteen Manager: Jackie Butlin

Telephone 9397 5722

Counter Sales: Everyday @ Recess & Lunchtime

Lunch Orders: Wednesday – Thursday – Friday

Canteen list updated 1st September 2009

☉ means everyday food

LUNCH PACKS		HOT FOOD ITEMS	
Kids Combo	\$4.50	Chicken Crackle – 3 pieces	\$1.80
Vegemite sandwich, popcorn, Juice		Chicken Crackle – 5 pieces	\$3.00
Healthy Delight Combo	\$4.70	Fried Rice	\$4.40
☉ Cheese sandwich, Choc Chip Muffin & Juice		Glenroy Pizza – Ham & Pineapple	\$4.00
Wrap Attack	\$5.80	Glenroy Pizza – Margherita	\$4.00
☉ Chicken, lettuce & mayo wrap with a Cookie & flavoured milk		Glenroy Pizza – Vegetarian	\$4.00
		Mini Cobbett (Corn) ☉	\$1.20
		Party Pie	\$1.20
		Pasta – Lasagne ☉	\$4.40
		Pasta – Macaroni Cheese ☉	\$4.40
		Pasta – Ravioli ☉	\$4.40
		Pasta – Twirls ☉	\$4.40
		Pie (Pattie's Light)	\$3.30
		Sausage Rolls	\$2.70
		Steamed Dim Sim	\$1.20

SANDWICHES – WRAPS & ROLLS	
☉ Sandwiches – wholemeal or white bread	
All fillings available	
Wraps - 30cents extra	
Rolls – wholemeal or white 90cents extra	
Cheese ☉ (Reduced Fat)	\$2.10
Chicken ☉	\$3.20
Egg ☉	\$2.50
Ham (Lean)	\$3.20
Tuna ☉	\$3.20
Vegemite	\$1.90



Extra Fillings Available Per Item	
Carrot ☉	\$0.60
Cheese ☉ (reduced fat)	\$0.60
Cucumber ☉	\$0.60
Lettuce ☉	\$0.60
Mayonnaise	\$0.20
Tomato ☉	\$0.60



Wednesday Special	
Toasted Cheese Sandwiches ☉	\$2.20

SALAD PLATES	
Ham, cheese & salad	\$5.50
Tuna, cheese & salad ☉	\$5.50
Salad & cheese ☉	\$4.40



Please write
Name, Room Number and amount enclosed on the paper bag.
If not enough money is enclosed a deduction or alternative item will be given.



SNACK TIME ITEMS	
Apricot Fru Bears – each	\$0.10
Choc Chip Muffin	\$1.70
Cookie – Chocolate Chip	\$1.00
Cookie – Fudge Brownie	\$1.00
Fantastic Crackers	\$0.60
Frozen Juice Cup	\$0.70
Jelly Jumbles (Fruit in Jelly) ☉	\$0.70
Mamee Chicken Snacks	\$1.00
Piranha Rice Snacks	\$1.00
Popcorn – Koala ☉	\$1.00



DRINKS & ICE-CREAMS	
Cooray Mountain Water – Plain ☉	\$1.50
Flavoured Milk – Low Fat ☉ (Chocolate or Strawberry)	\$1.90
Just Juice (200ml)	\$1.70
(Orange, Apple/Tropical, Apple/Blackcurrant)	
Polar Krush Frozen Juice Drinks	\$1.60
Re-nu Flavoured Spring Water ☉	\$2.20
Raspberry Blueberry Splash, Orange Pash Splash	
Lemon Lime Splash	
Paddle Pop Moo – Chocolate & Vanilla	\$1.30
Paddle Pop – Chocolate & Rainbow	\$1.20
Quelch 99% Fruit Tube	\$0.50



Extras	
Paper Bag	\$0.10
Tomato Sauce – per item	\$0.20
Soy Sauce – per item	\$0.20



Please Note: - the Canteen does not sell peanut butter, nutella or nut products.

All items on the Canteen Menu are 'green' or 'amber' rated items from the School Canteen Guide.