

# INSIGHTS

by Michael Grose – No. 1 parenting educator



## Make the most of this school year

*Positive parent participation demonstrates to children that you value learning and their school in particular. Children copy many of their parents' views so your positive attitude to school and learning is catching.*



**Parental withdrawal from children's education is a big problem these days as increasingly parents are worn out from working too hard or being involved in a variety of activities.**

But the message for parents is clear – become involved in as many aspects as practical in your child's education. Their chances of success are better when kids see school as an extension of home rather than merely an institution for learning.

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Make the most of the opportunities that schools offer to assist in the classroom including, hearing kids read, taking small groups in elective activities and assisting children when writing stories.

Parent participation is much broader than helping out in the classroom. Hearing young learners read, helping with homework and making sure kids go off to school happy, healthy and with plenty of sleep are important aids to learning.

Here are some more ideas to help you participate in your child's education in positive ways:

**1. Make sure your kids start each day well.** That means they should get a good night's sleep, have a healthy breakfast and arrive at school on time with all their learning requirements as well as a healthy lunch.

**2. Attend school activities** such as open days, concerts, parent evenings, sports events and celebrations. Read the school newsletter and other forms of communication so you can stay in the loop with what's happening at your child's school.

**3. Consult with your child's teacher** about homework expectations and practical ways that you can assist both at home and at school. Each teacher has his or her own expectations about how you can help so make sure you work within their guidelines.

**4. Find out** what your school is trying to achieve for your child and show your support for its aims. Support a broad, balanced curriculum that offers children a variety of educational experiences rather than a program that focuses narrowly on the traditional 3 R's. School discipline is always more effective when it's supported by parents so be supportive of their attempts to promote good behaviour in your child.

**5. Become an advocate** for your child's school and promote its positive features throughout the wider community. Encourage your child to take pride in their school through your example.

Positive parent participation in school and learning is a proven criterion for student success. One practical way to assist your child as a learner is to become actively involved in his or her school-life.