



Williamstown North Primary School

Newsletter

Number 24

14th August 2019

133 Melbourne Road, Williamstown 3016

Tel: 9397 5722

Email: williamstown.north.ps@edumail.vic.gov.au

Website: www.willynthps.vic.edu.au

Compass Link—<https://willynthps-vic.compass.education>

Attendance—via compass link

Respect — Resilience — Responsibility — Doing Your Best



Principal's Report

Reading & Writing Together is Magic (RWTIM)

On Wednesday 28th August, we will once again come together as a community to celebrate the wonderful talents of our Willy North students at our annual RWTIM evening.

Whilst we don't know the exact year that this long standing tradition began at Willy North, we suspect we are getting close to our 30th RWTIM! This is indeed testament to the rich opportunity that this event facilitates for our students to share their writing in such a supportive and authentic manner.

As the students are always organised into multi-age groups for RWTIM, it is imperative that all families register for this event via Compass, so that these groups can be organised. Please register your attendance by Friday 23rd August via the Compass portal.

Last year the school purchased portable microphones to support students presenting at RWTIM. This was a terrific enhancement to this event, which certainly ensured that all students presenting their writing could be easily heard. We will again have these microphones available to support students in each room at RWTIM.

RWTIM is a feature of our Book Week celebrations, with our annual Book Fair being held during the same week. Watch out for more details about the Book Fair as this is a terrific opportunity to purchase some wonderful books to support our budding avid readers!

Events Calendar

If ever you wish to check the dates of major events held at the school, be sure to log onto our Events Calendar which can be found on the school website at : https://www.willynthps.vic.edu.au/uploaded_files/media/community_engagement_activity_calendar_20192020.pdf

We've had great feedback about this new Calendar and are currently in the midst of drafting next year's Calendar with as many key dates as possible that we can confirm. We hope you find these calendars to be helpful for planning future family events/holidays etc.

New items added to the Calendar

School Assembly

Monday 19th August
Foundation to Year 2
Year 1Br Performing

Wednesday 21st August
Year 5 & 6 Girls Netball

Monday 26th August
District Athletics

Fathers Day Stall
Thursday 29th August
9.00am to 1.30pm
Parent Helpers Required

Thursday 29th August
Foundation & Year 6
Buddy Olympics

Tuesday 27th August
Dress Up Day for Book Week

Calendar of Events Term 3

Upcoming Events for Term 3

Friday 16 August
Year 3/4 & 5/6 Hoop Time

Tuesday 20th August
Year 6H & 6K Chinatown
Excursion

Year 3 Anglesea Camp
Monday 19th to Wednesday
21st August

&
Year 4 Anglesea Camp
Wednesday 21st to Friday
23rd August

Thursday 22nd August
Psychology Parent Info
Session 6.00—7.30pm

Friday 23rd August
Foundation—Coopers
Settlement Farm

Extra School Tours
Tuesday 20th August—Noon

Book Week
'Reading is my Secret Power'
Monday 26th August to
Friday 30th August &
Tuesday 27th August
Book Parade Dress Up on
Tasmania @ 9.15am

Reading Writing Together is
Magic Evening
Wednesday 28th August
6.30pm to 7.15pm



Compton Green

2019 Term Dates

Term 3—15th July to 20th September
Term 4—7th October to 20th December

Bullying Prevention Policy

A big thank you to the many staff and parents who recently undertook extensive collaboration to update the school's Bullying Prevention Policy. This policy was endorsed at last week's School Council meeting and is now available on the school website for easy access at:

https://www.willynthps.vic.edu.au/uploaded_files/media/bullying_prevention_policy_updated_august_2019.pdf

Good Luck Campers

Hopefully the extreme cold weather is somewhat behind us, as our Years 3 and 4 students eagerly prepare for their Anglesea Camp next week. This is a terrific camp with a great range of outdoor activities to keep students well engaged and challenged over the three days.

I would like to take this opportunity to thank our wonderful teachers who have been working extensively behind the scenes to ensure the planning is all in place for next week, with a special mention to Crystal Gunter (Year 3) and Dean Pearce (Year 4) who are overseeing the key planning elements of these camps.



Parent Opinion Survey Thanks

A big thank you to the 90 families who have so far completed the 2019 Parent Opinion Survey. We are extremely grateful for the time undertaken to provide this important feedback. Access to the survey will close this weekend, for any families who would still like to undertake this survey.

Mobile Phone

It has been very interesting to follow the recent commentary in the media in regards to mobile phones at school. The Department of Education & Training (DET) has undertaken extensive consultation on this matter and recently issued updated advice to all government schools in Victoria to ensure a consistent approach across the state.

It has indeed been reassuring to see that DET's position on this matter, is consistent with our school's existing Mobile Device Policy. In summary, students ARE able to bring mobile phones to school, on the condition that these phones remain safely stored in the school bag until the end of the school day. Students are not to access/check their phones during the school day. If a parent needs to make contact with their child through the school day, this would need to be undertaken through the school's main office. At the end of the school day, students may access their phones to send messages or make calls to parents. Further to this, at no stage are students to use their phones to take unsolicited photos of other students on the school site.

We hope that all students and parents can see that the school has a 'common sense' approach on this matter that ensures our learning environment is not adversely affected, whilst also recognising that mobile phones are an important communication mechanism for many of our students.

For further details, please feel welcome to access our Mobile Phone Policy on the school's website at:

https://www.willynthps.vic.edu.au/uploaded_files/media/mobile_device_policy_june_2018.pdf

Lockdown Procedures

As part of the school's extensive risk management procedures, a lockdown was rehearsed on Tuesday whilst the students were playing outside at recess. It was indeed reassuring to know, that the entire school site could be locked down with all 800 students accounted for in just over 4 minutes.

Lock downs and evacuations are practised regularly, to ensure the safety of all students and staff during potentially challenging circumstances. Please be assured of the school's vigilance on any safety matters for our students, whether it be a minor infraction in the playground or a major school emergency.

Footy Day Lunches

In early September, we have a lot fun planned as part of our annual Footy Week celebrations. A major highlight of this week has typically been the Footy Day lunch, which most of the students have ordered in past years.

As you can imagine, the task of organising possibly 800+ football lunches takes some degree of major organisation. Consequently, please find attached an order form in this week's newsletter for ordering via the Canteen QKR App for the upcoming Footy Day lunch which is scheduled for Thursday 12th September.

Enjoy the rest of the Week—Jim Cahill—Principal

Reading & Writing Together Is Magic

Foundation to Year 6 Students

Wednesday 28th August 6.30pm to 7.15pm

RWTIM is our annual Community Literacy event, where all students in Foundation to Year 6 have written and published pieces of poetry and/or snapshots to share with their family and friends.

This year "Reading & Writing Together Is Magic" will be held on **Wednesday 28th August starting at 6.30pm, and concluding at 7.15pm.** All families are invited to attend, however children attending, **must be** accompanied by an adult.

To indicate your attendance at this community event please log into Compass and consent for your child/ren to attend.

Consent will **open on Monday 12th August and close on Friday 23rd August.**

Children from Foundation to Year 6 are allocated in mixed year level groups to a classroom, keeping siblings together. Our senior students host the evening as part of their Leadership development, while the Foundation to Year 6 students proudly read their poems and/or snapshots to the audience with great confidence.

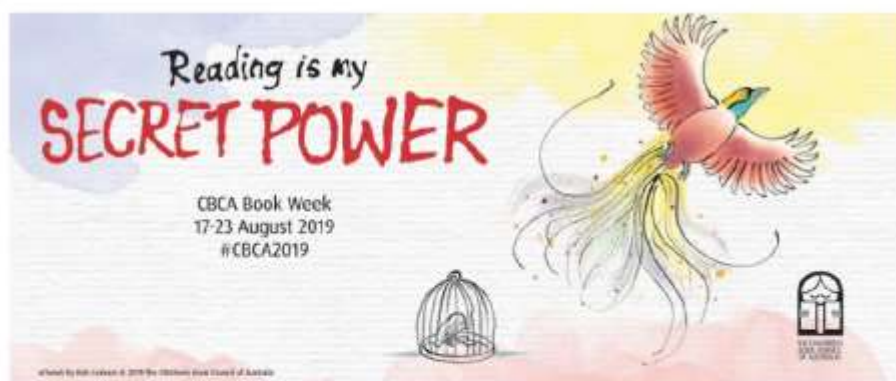
Microphones were introduced last year to support the students presentations and will again be used this year.

The evening commences with each child taking turns to read their piece of published work and at the conclusion, each child will receive a 'RWTIM Ribbon' for their participation.

To assist with the organisation, you must give consent for your child/ren who will be participating, on or **before Friday 23rd August.**

All families will be provided with details of the room your child/ren will be reading in, by Tuesday 27th August.

AGAIN PLEASE NOTE: ON THE NIGHT ALL CHILDREN MUST BE ACCOMPANIED BY AN ADULT



Book Fair – Lamont Books

The Book Fair will be located in the Junior Learning Centre.

Families will be able to purchase a wide range of books on the following dates and times.

Wednesday 28th August – After School from 3.00pm to 4.15pm

Prior to RWTIM – 5.30pm to 6.15pm (closing at 6.15pm) and after RWTIM until 7.30pm

Thursday 29th August – Before School, from 8.30am to 9.00am

FOOTY DAY LUNCH

“Doggies Dinner” or “Cats Cuisine”

Thursday 12th September 2019



Dear Parents/Guardians,

On **Thursday 12th September** the whole school will be having a Footy Day Lunch to complete the 2019 Footy Season. Children are able to come dressed in the colours of their favourite Football team on Friday 13th September.

Online Ordering Only (via the Canteen Qkr App) by Friday 6th September.

Please note: - No other Canteen items will be available to purchase on this day.

NO LATE ORDERS CAN BE ACCEPTED (as orders must be placed in advance)

Thursday 12th September Foundation to Year 6 – Lunch between 1.15pm – 1.30pm

Choose from a ‘Doggies Dinner’ or a ‘Cats Cuisine’ for \$7.50

 Doggies Dinner		Cats Cuisine 	
One	Sausage in Bread Optional – Sauce	One	Veggie Burger Optional – Sauce
One	Plain Popcorn	One	Plain Popcorn
Choice of one	Apple Juice Apple & Blackcurrant Juice Orange Juice Bottled Water	Choice of one	Apple Juice Apple & Blackcurrant Juice Orange Juice Bottled Water
Additional items at an extra cost	Sausage in Bread \$2.00 Optional – Sauce \$0.20	Additional items at an extra cost	Veggie Burger \$3.00 Optional – Sauce \$0.20

Julieanne, our Canteen Manager will require assistance with lunches on Footy day. Parent helpers are required between 11.30am until 1:45pm. We need volunteers for preparation and to take charge of cooking food on the BBQ's.

If you are able to help, please indicate on the Reply Slip below or email Julieanne on weir.julianne.m@edumail.vic.gov.au

Thankyou in advance

Dale Evans/Fran McCormick/Jack Rhodes - Footy Week/Day/Lunch Coordinators

Canteen Helper Reply Slip - Footy Day Lunch

Canteen Assistance – Yes I am able to assist: -

- | | |
|---|-------------------|
| <input type="checkbox"/> Cooking sausages (4 people required) | 11.30am to 1.00pm |
| <input type="checkbox"/> Parent Helpers (prepare) | 12.15pm to 1.45pm |

Parent Name: _____

Contact Number: _____

They're Back—Coles Mini's and Woolworths Ooshies

Please send any of the 'Minis' or 'Ooshies' to the office.

We are collecting these for the Butterfly room.

Thanks

Wendy Emin—Assistant Principal



Semester Two 2019 (Term 3) — Assembly Rotations

Term 3

Monday 19 th August – Year 3 Camp	Foundation to Year 2	Year 1Br
Monday 26 th August	Year 3 to Year 6	Year 5R
Monday 2 nd September	Foundation to Year 2	Foundation M
Monday 9 th September	Year 3 to Year 6	Year 4B
Monday 16 th September—Swap Shop	Whole School	Year 6H

Semester Two 2019— (Term 4) Assembly Rotations

Term 4

Monday 7 th October – Year 5 Camp	Foundation to Year 2	Year 2Pe
Monday 14 th October	Year 3 to Year 6	Year 3Mc
Monday 21 st October	Foundation to Year 2	Foundation P
Monday 28 th October	Year 3 to Year 6	Year 3Mi
Monday 4 November – Staff Training Day	No students at school today	No Performance
Monday 11 th November – Swap Shop	Whole School	Year 5G
Monday 18 th November	Foundation to Year 2	Foundation H
Monday 25 th November	Year 3 to Year 6	Year 4P
Monday 2 nd December	Foundation to Year 2	Year 1Bu
Monday 9 th December	Year 3 to Year 6	Year 3S
Monday 16 th December – Year 6 Graduation	Unavailable	No Performance

WHAT'S ON Term 3 - Williamstown North Lunch Time Program

Monday	Tuesday	Wednesday	Thursday	Friday
Butterfly Room	Butterfly Room	Butterfly Room	Butterfly Room	Butterfly Room
4-6 Mindstorms RoboCup (Melissa/ MMC)	Digi Tech 1/2 (Belinda/ MMC/ Y6 Leaders)	Digi Tech 5/6 (Sharon/ MMC/ Y6 Leaders)	3-5 Lego We Do (Melissa/ MMC)	Digi Tech Club 3/4 (Kylie/ MMC/ Y6 Leaders)
Library Club (Rachael/ Library)	Library Club (Critsy/ Library)	Library Club (???/ Library)	Library Club (???/ Library)	Library Club (Dianna/ Library)
Japanese Club (Helen/Japanese Room/Y6 Leaders)	3/4 Soccer (Patrick & Sarah/ Gym/ Whole Lunch)	4-6 Choir (5/6 1 st half/ Year 4 2 nd Half) (Tuppen/ PA room)	5/6 Basketball (Tristan & Dale / Gym/ Whole Lunch)	3-6 Yoga (External Provider/ Performing Arts room/ Payment required)
Chess Club (External Provider/ JLC/ Payment required)	3-6 Dance (Georgie/ PA Room / Y6 Leaders)	F-2 Science (Even Weeks) (Simony/ Science Room/ Y6 Leaders)	Art Club (Vicky/ Art Room / Y6 Leaders)	
F-2 Yoga (External Provider/ Performing Arts room/ Payment required)	4-6 Publishing Club (Anita/ Rm26)	1/2 Hockey Club (RECESS) (Jack / Gym)	Sustainability Club (Odd Weeks) (Bethany / R3 / Y6 Leaders)	
	1/2 Gardening Club (Julie/JLC & Outside)			

2019 Father's Day Stall

This year the Father's Day Stall will be held on Thursday 29th August.



We have some fabulous items for sale, ranging in price from \$1.00 to \$5.00. All of dad's favourite interests will be covered, from sport, music, cars, fashion and technology.

Don't forget to send along a bag with your child to carry home their gift/s. That way it will remain a surprise until Father's Day morning.

Parent assistance is required. If you are available to help from 8.45am to 11.00am, or 11.15am to 1.30pm, please send an email to williamstown.north.ps@edumail.vic.gov.au

Thank you Rachelle Burbridge—Coordinator of the Father's Day Stall



2019 LAMONT BOOK FAIR

The celebrations for Book Week 2019 will continue next **Wednesday 28th & Thursday 29th August**, with our annual Book Fair. A wide variety of books will be available for purchase in the **JUNIOR LEARNING CENTRE**, providing an excellent chance to promote books and reading, as well as an opportunity to earn books for our Library through commissions in sales - **we earn 30% of total sales to purchase books of our choice.**

PREVIEW SESSIONS

Classes will have an opportunity to view the books available for purchase. Your child will complete a special **Wish List** indicating which books they liked most, along with the price and location (i.e. table/trolley number). This list can be used by you to quickly locate the book/s, or it can be used to place an order if you are unable to attend in person.

(Please note that you are under no obligation to purchase from the Book Fair).

BOOK FAIR OPEN TIMES:

Wednesday 28th August (day of RWTIM)

1. After school—3:00pm - 4:15pm
2. Prior to RWTIM— 5:30pm - 6.15pm
3. After RWTIM—until 7:30pm

Thursday 29th August

4. Before school—8.30am – 9:00am

PURCHASING BOOKS

There are **two** easy ways to purchase:

1. In person at the Book Fair - payment welcomed via cash, EFTpos or credit card (PayPass available). If any books are sold out, you can place an order at the Book Fair.
2. **OR**, return an order form to school by **Thursday 29th August at the latest**. An order form is included in this week's Newsletter and available during Book Fair week. Orders must be in a clearly labelled envelope along with your cash payment or credit card details.



We look forward to your participation and support at this year's Book Fair!

Vivien D'Aquino
Book Fair Coordinator



My Lamont BOOK FAIR ORDER FORM.

Please complete this section below along with the payment section.

Child's Name		
Class	Room Number:	
Title		Price
1		\$
2		\$
3		\$
4		\$
5		\$

Please complete the payment section and return it to the school in a clearly labelled envelope by Tuesday 29th August.

<input type="checkbox"/> Visa	<input type="checkbox"/> MasterCard
Card Holder's Name	
Card Number □□□□ / □□□□ / □□□□ / □□□□	
Card Expiry Date □□ / □□	CVV □□□
Card Holder's Signature	
Amount to be Debited \$	
Contact Phone Number	
Cash Payment Included - \$	

Fresh Fruit Friday (FFF)

Fresh Fruit Friday needs parent volunteers. Please email Linda Taylor directly, so she can add you to the roster—



taylor.linda.l1@edumail.vic.gov.au.

Parents on the Roster for Friday 16th August are: Kim Pannone, Rachael Burgess, Ray Price, Narelle Rabbidge, Georgianna Horsfall, Bindi Wood, Sheena Hickman and Keryn Van Shaik

Canteen

Julianne Weir manages our Canteen and is always very appreciative of time parents or family members can volunteer. Contact Julianne via the General Office. New parents or family members are most welcome.



Thursday 15th August—Georgianna Horsfall

Friday 16th August—HELP NEEDED

Wednesday 21st August—HELP NEEDED

Thursday 22nd August—Kirsten Kent

Friday 23rd August—HELP NEEDED

Uniform Shop News

Primary School Wear (PSW) is our Uniform supplier. Uniforms can be purchased at their outlet located at Unit 1, 128 Bertie Street Port Melbourne, or online.

Email—portmelbourne@psw.com.au.

Trading hours are

Tuesday to Friday 9.00am to 5.00pm,
Saturday 10.00am to 1.00pm.



School Banking

School banking day is Wednesday.

Don't forget to send in your child's bank book.



Early Release

All children collected from school before 3.30pm must be signed out at the Office. With an 'Early Release Pass' to hand to the supervising teacher. If a child is signed out at Recess or Lunch time, your child will be called to the Office and the Early Release Pass will be given to the supervising teacher.

Student Safety

Please take the time to regularly remind your child/ren about safety, especially when going to and from school.

- Do not talk to strangers and never accept a ride, lollies or gifts from a stranger.
- Immediately report any issue or problem you may have when going to or from school, to your mum and dad, or your teacher, the Principal, Assistant Principal or office staff.
- Always get permission from mum or dad before going to play with a friend after school and always let mum and dad know where you will be and what time you will be home.

We advise that wherever possible, children should travel to or from school with an adult or friends, rather than travel alone.

Working With Children Cards

Cardholders who are required to renew their WWCC will no longer need to go to Australia Post to lodge a paper form and present their current card. Cardholders will go to the WWCC website to complete their renewal application online and, if applying for an Employee Check, pay the fee using a credit card when using the **online renewal process**, cardholders will be notified by SMS, letter or email 28 days before their WWCC is due to expire. It is important for cardholders to keep their contact details up to date so that they receive this important reminder.

After receiving a notification, individuals continuing to do child-related work should go to MyCheck on the WWCC website and apply to renew their check. Cardholders will be asked to register with MyCheck if they have not already done so. Once logged in to MyCheck, cardholders will be prompted to confirm or update their personal contact and work details, complete the online form and, if applying for an Employee Check, pay the non-refundable fee.

More information: an FAQ guide to online renewals will be available in 'Publications' under 'Resources' on the WWC website, or contact the Customer Support Line on 1300 652 879 8.30am – 5.00pm weekdays except public holidays.

<http://www.workingwithchildren.vic.gov.au/>

Bikes & Scooters

Many children ride bikes and scooters to school each day. All bikes and scooters must be locked up in either the Bike or Scooter Enclosure to prevent theft. Please ensure your child has a chain and a lock.

All children who ride a bike or scooter must wear a helmet which is a requirement by the Government. The school regularly reminds all children about wearing helmets for their safety.

All bikes, scooters, skateboards, ribstic and helmets must be labelled, with your child's name and class.

Children are reminded they must walk their bike, scooter, skateboard or ribstic to and from the school gates. No bikes are to be brought through the school buildings and we request, where possible, that scooters are also not walked through the building.





FOUNDATION ENROLMENTS FOR 2020 Williamstown North Primary School



"Finding Out About Williamstown North Primary School"

Provisional enrolments for 2020 Foundation students have commenced. The 'Enrolment Forms' and the 'Preliminary Information Sheet' is available at the General Office or downloaded from the school website.

If you have any questions, or concerns regarding enrolments, please contact the school office on 9397 5722.



School Tour

Please contact the school office
Tuesday 20th August at Noon.



Please Provide the following information when lodging your enrolment

1. Enrolment Form and Preliminary Information Sheet
2. Proof of Age - (Child's Birth Certificate)
3. Certificate of Immunization (School Entry Form)
4. Three documents as "Proof of Residential Address".
(Drivers Licence, a Rates notice/Lease Document and a third document with your **full name & residential address**).
5. Additional documentation maybe requested by the Principal/Assistant Principal.

Enrolment Policy

Please note as endorsed by the Department of Education, only families who reside within the defined school neighbourhood are eligible to seek enrolment.

A map defining the school neighbourhood is available on the school website.



**CONFIRMATION OF ENROLMENT WILL BE POSTED ON
FRIDAY 30TH AUGUST, 2019**

Parent Information Night for 2020 Foundation Students

The parent Information Night for parents of confirmed 2020 Foundation Students will be held on Monday 11th November 2019, 6.45pm to 8.00pm,
Kay Margetts from Melbourne University will speak on
"School Readiness" and "School Expectations".

Transition Program

Our 'Kinder to School' Transition program for our 2020 Foundation students will commence week beginning Thursday 24th October, Week 3 of Term 4.



All transition details will be included with the 'Letter of offer for Enrolment' sent to families.

For our School Zone go to www.willynth.vic.edu.au / slider tab – Enrolments / WNPS Zone Map

WNPS Sustainability News

A couple of weeks ago, we were lucky to have Ann Forder from City West Water present a session to all classes across the school about water!

Thanks Mr Radford for organising this!

City West Water Incursion

During the City West Water Incursion I learned that water travels from one place to another. And that in 2018 we used 40% of water and this year/2019, we used 60% of water.

Written by Isabelle 2K



City West Water Incursion

First a lady came in to the room and started to talk about City West Water and what it is. There was lots of things that she was talking about. A thing was that the water comes up to the clouds by the wind pushing the water up or meeting ice from the mountains. She also put a little song on. We got to dance to it. After we had to get an item off the floor and put it in a category. Then we had to talk about where it should go in these columns. Also don't throw rubbish or plastic water bottles because it is bad for the environment, and also what we don't put in the toilet. To put in the toilet your only aloud toilet paper, poo and wee.

Written by Will 2K

City West Water Incursion

At the City West Water Incursion the lady put on a song and it was all about the water cycle. She also said that we drink the same water as the dinosaurs did. She also talked about what happens if you punch or belly flop into the water. She also talked about something we all laughed at which was poo, pee and paper. She gave us some objects about water and we had to put them in groups. She gave us stickers and a fun book (Or whatever you call it). Oh, and she also told us to never use plastic bottles. I loved it!

Written by Alana 2K



City West
Water™

WORKSHOP: POSITIVE PARENTING



WHEN:

THURSDAY
22nd August
2019

at 6-7.30pm

WHERE:

Williamstown
North Primary
School
133 Melbourne Rd,
Williamstown VIC
3016

COST:

FREE!

Presentation to
take place in the
Staffroom

PRESENTED BY MARIE HIRST-PSYCHOLOGIST ABOUT THE SESSION

This will be a 90 minute information
session.

The session will cover:

- understanding children's development
- building skills that encourage cooperation, listening and problem solving
- helping children manage big emotions
- a range of practical parenting tips
- knowing when and where to get help if needed

Register your interest in attending
with the staff at Williamstown North
Primary School today!!

For More Information
Please Call
PSYCHOLOGY ON PARADE
9397 0977

RSVP: koster.olivia.t@edumail.vic.gov.au

LA BODEGA

BARBER SHOP & SHAVE PARLOUR

1 Cole Street Williamstown, 3016

Price List

Haircut	\$40
Buzz Cut	\$20
Beard Trim	\$25
Shave	\$45
Haircut & Beard Trim	\$60
Haircut & Shave	\$80
Child Haircut	\$30

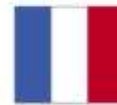


OPENING TIMES

Monday business hours to closed
Tues & Weds - 10am to 6pm
Thursday 11am to 8pm
Friday 9am to 8pm
Saturday 8am to 3pm
Sunday 10am to 2pm
Closed All Public Holiday

Labodega3016
Labodega3016

Willy FRENCH CLUB!



Fun, effective and supportive language learning.
Proudly in our 9th year.

Ideal foundation experience for young learners, as well as consolidation and socialisation for those from Francophone families.

Wednesdays 3.50-4.50pm
Williamstown Community Centre
14 Thompson Street

Jim Callahan
0432 719 034
jim.callahan@lcfclubs.com.au



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STORE LOCATIONS

94-96 Ferguson Street, Williamstown
3 Plover Drive, Altona North



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laundromat

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Digital Wellbeing: Raising Teens with Screens

WITH
Dr Kristy
GOODWIN



Dr Kristy Goodwin helps parents and professionals raise thriving teens in a digital world. She equips worried parents with critical information about the current cyber risks, the positive potential of technology and practical strategies for navigating the online world with adolescents (that don't involve phone bans). She provides parents with essential information about how technology is shaping teens' health, learning and wellbeing. In this parent seminar, Dr Kristy will share practical tips about how to prevent screens from adversely impacting teens' sleep, physical, social and emotional health. She'll talk about pornography, cyber-safety, online gaming, cyber-bullying, social media (and its impact on adolescent mental health), and addiction concerns and help parents understand what they can do to help their teen develop healthy technology habits. She'll also provide opportunities for parents to ask their 'digital dilemmas'.

SEMINAR DETAILS

DATE: Thursday, 29th August 2019

TIME: 6pm to 8pm

LOCATION: The Centenary Theatre, Railway Place, Williamstown

AUDIENCE: Parents and professionals working with teenagers

TICKETS: \$15 per person - book at: <https://www.trybooking.com/BDVSI>



Dr Kristy Goodwin is a leading digital wellness expert, researcher, author & former teacher (and mum who understands the digital dilemmas facing modern parents). She translates the latest research into essential and digestible information and tips, for parents, educators and health professionals so that they can safely navigate the digital terrain... without suggesting that the iPad be banned! Kristy has spoken at and consulted with hundreds of public and private schools throughout Australia and Asia, she's regularly called on by the media for her expert opinion.

Proudly Hosted By





Williamstown Wolves Baseball Club RECRUITING JUNIORS (And their families)

Aussie T-Ball ages 4-7
Junior Baseball ages 7-17

2019 FREE COME & TRY DAYS

10am - 12 noon

Sunday 1 Sept | Father's Day
Melbourne Ballpark
Merton Street, Laverton

Sunday 15 Sept
Greenwich Reserve
The Strand, Newport

BBQ AND DRINKS TO FOLLOW

For more information or to get involved, contact the club.

willamstown.baseball.com.au
juniors.wbc@gmail.com
0419 750 916 (Ray)



Join Williamstown's largest junior cricket club, welcoming junior players of all ages and skills into a fun and friendly team environment.

Register on-line at playcricket.com.au



JUNIOR BLASTERS

AGES 5-7 | 60 MINS | 8+ WEEKS

Learn new skills, including catching, throwing and teamwork, through fun game based activities.

Sign up now for your Starter Pack. Returning Junior Blasters score a Returner Pack with backpack and choice of bonus item!




MASTER BLASTERS

AGES 7-10 | 90 MINS | 8+ WEEKS

Everyone gets a chance to bat, bowl and field in short, modified games of cricket. For kids with basic cricket skills.

Sign up now for your Master Blasters Pack!




JUNIOR CRICKET

Blasters program commences Sat Oct 19:
Junior Blasters - Saturday 9.30 - 10.30 am
Master Blasters - Saturday 9.30 - 11.00 am

Junior Cricket season:
Training commences early Sept.
Games commence from Fri Oct 10:
U11's - Train Monday 5pm, play Friday 5.15pm or Sat 8am
U13's - Train Wednesday 5pm, play either Friday 5.15pm or Sat 8am
U11's & U13's Girls only teams - Train Friday night 5pm, play Monday 5.15pm

SUBSCRIPTION

Junior Blasters - \$75 (incl. Junior Blasters pack and Renegades Family Fun Pass for 4 people)
Master Blasters - \$99 (incl. Master Blasters Pack plus Williamstown CYMS playing shirt and shorts, and Renegades Family Fun Pass for 4 people)
U11 - \$125 (includes Williamstown CYMS playing shirt, training shirt & shorts) +\$5 insurance
U13 - \$145 (includes Williamstown CYMS playing shirt, training shirt & shorts) +\$5 insurance

**JOIN THE FUN AT YOUR LOCAL CENTRE
REGISTER AT PLAYCRICKET.COM.AU**

For more details: Junior/Master Blasters
Ph 0418 994 256 / david.crowe@wvca.com.au
U11-13 Ph 0438 530 725 / allen_joseland@tracy.com.au



LEARN ATHLETICS

IMPROVE FITNESS | BUILD CONFIDENCE

AGES U6 U16

Little Athletics at Williamstown is a fun, relaxed and a family friendly environment. Many skills developed at Little Athletics are the basis of many other sports. Younger children will learn to run, jump and throw.

- Season starts in October and finishes in March, children must have turned 5 to commence.
- Participate in track and field each Saturday morning, with a focus on achieving individual personal bests, and learning to run, jump and throw

Split Program

- U6 to U8, starts at 8.30am - 10.00am
- U9 to U16, starts at 10.00am - 12 noon
- Registrations open late September via lavic.com.au

KEY DATES

Wednesday 11th September, 6 - 7pm
New parent information evening which will be held in the clubrooms at the Newport track.

Saturday 5th October, 8.30am
Come and try day at Newport track

A great way to stay fit, have fun, develop new skills and friends over summer.

Further details available at lavic.com.au or willylac.com.au, alternatively you can email willamstown@lavic.com.au

FIND US ON
TEAM AUSTRALIA
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WILLIAMSTOWN CRICKET CLUB JUNIOR PROGRAM



Junior Blast: Ages 5-7
Master Blast: Ages 7-9
Under 11, 13, 15

Girls and Boys welcome

Dates:
Nov 2019 - Mar 2020

Registration:
playcricket.com
Williamstown Cricket Club
- Morris Street

PROUDLY SUPPORTED BY:

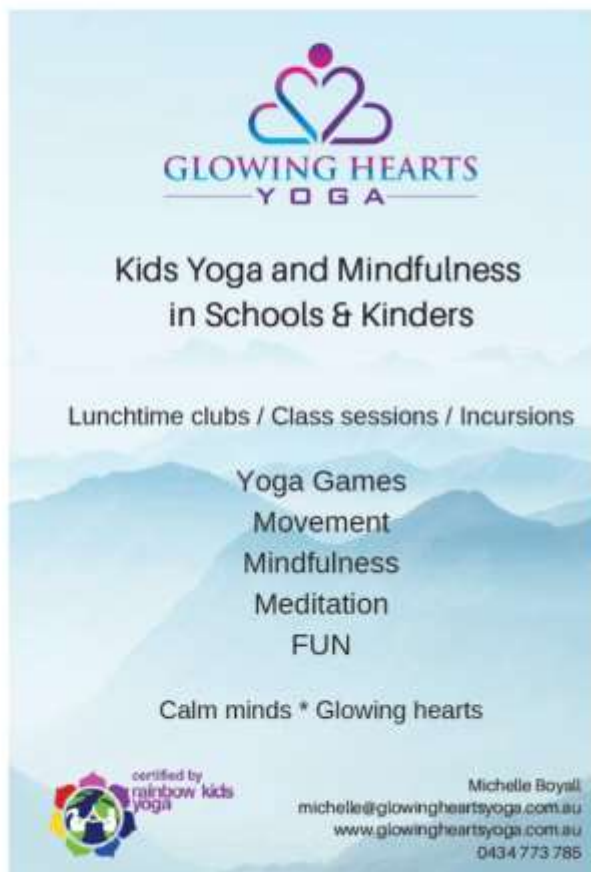


Contact:
0423 401 659
cameron.smith@cdcplumbing.com





Term 3 Lunchtime Yoga and Mindfulness at WNPS



Benefits of Kids Yoga & Mindfulness

- Improves focus and concentration
- Increases the ability to self-regulate
- Improves strength, flexibility and balance
- Decreases negative behaviours
- Teaches kids how to manage their own stress & anxiety
- Increases cognition
- Nourishes creativity
- Builds coordination
- Improves fine & gross motor skills
- Develops self-discipline & self-control
- Expands self-awareness

Creates a calmer, happier, more cooperative classroom!

www.glowingheartsyoga.com.au

Classes will run at lunchtimes during Term 3 in the WNPS Performing Arts Room

Yoga Mats provided

F - Year 2: Monday lunchtime
\$90 per term (9 sessions)

Years 3-6: Friday lunchtime
\$90 per term (9 sessions)

To enrol your child, please email michelle@glowingheartsyoga.com.au and make payment to:

Glowing Hearts Yoga

BSB: 063-179

Acc: 1059-6902

Ref: WNPS, Child's name, Grade

For more information visit FB Glowing Hearts Yoga or call Michelle on 0434 773 785

